

Telling Your Own Stories

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Do Story Bobette Buster
2018-05-15 Do Books
provide readers with the tools and inspiration to live a fulfilled and engaged life. Whether it's mastering a new skill, cultivating a positive mindset, or finding inspiration for a new project, these books dispense expert wisdom on subjects related to personal

growth, business, and slow living. Written by the movers, shakers, and change makers who have participated in the DO Lectures in the United Kingdom and the United States, Do Books are packed with easy-to-follow exercises, bite-size tips, and striking visuals. Practical, useful, and encouraging, each book delivers trustworthy, empowering

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guidance so readers can succeed in whatever they choose to "do." Do Story teaches the art of telling powerful stories. The book includes short stories on a variety of subjects; taken together they demonstrate a range of effective narrative techniques. Vivid, enlightening, and brimming with practical tips, Do Story unlocks the secrets to becoming a captivating storyteller.

With One More Look at You Mary J Williams

2017-03-14 WHEN IT COMES TO LOVE, SOMETIMES IT TAKES THE HEAD YEARS TO DISCOVER WHAT THE HEART HAS ALWAYS KNOWN When Forbes Branson was a young man ready for something new. A senior in high school, he was the golden boy. Heir to a fortune, he knew what his life was going to be. But he wanted adventure first. A year

to do what he wanted, where he wanted before college. An unexpected betrayal would change everything. Sophie Lipton was fifteen the first time she set foot on the Branson ranch. Dragged from one place to another, never having more than one pair of shoes or enough to eat, the moment she saw the wide open spaces, she felt she could breathe for the first time in her life. It was the home she always dreamed of. But her happiness came at a price. To stay in her new home, Sophie had to keep somebody else's lies. Lies that would eventually tear apart a family. And tear apart her friendship with Forbes. Coming home is never easy-especially after twelve years. Forbes isn't the same young man. He found his adventure-and more. Weary, he's ready to settle into a slower,

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calmer life. Working on his family's ranch and taking the job as Chief of Police sounds like a piece of cake after the things he had seen and done. Sophie isn't the quiet girl Forbes remembers. She's grown into a strong, confident woman. A woman used to being in charge. The Branson ranch is her territory now. If Forbes thinks he's going to waltz back in and take over, he's going to find out fast that Sophie is no pushover. Twelve years ago, they shared one goodbye kiss. More sweet than passionate. Now, as adults it's a whole new game. The attraction between them is undeniable. Just as they begin to move forward, the past has other ideas. Secrets rarely stay buried forever. Lies. Betrayal. Maybe even murder. Before Forbes and Sophie can think about the

future, they will need to deal with the past. Together.

Your Stories Don't Define You. How You Tell Them Will: Storytelling to Connect, Persuade, and Entertain Sarah Elkins 2020-05-31

Write Your Memoir Allan G. Hunter 2012-06-01 Drawing from more than 25 years of literary know-how and modeled after a 15-week college course, this manual provides guidance for seekers wishing to delve further into self-exploration through writing. Extending beyond the idea that memoir writing intends to put past events into a more understandable current perspective, the guide maintains that keeping a document of one's life is actually the basis of a psychic process called "soul work," which manifests as a desire to experience the state of

being alive to the fullest. This unusual approach to memoir writing aims to generate more honest and genuine results that come from inner needs rather than outer expectations. Intended to clarify a writer's developmental path, this resource emphasizes the importance of self-awareness and the need for dealing with difficult material that actually alters the writer in the process, resulting in significant growth of the soul.

Too Many Sisters Nina Guilbeau 2008-01-01
Callie Armstrong's personal life was already in turmoil. Now circumstances are forcing her to share her successful music production company with three business partners. One partner wants her husband. One partner wants her money. One partner wants her trust-

even while keeping secrets. Is this how it is with all sisters? Callie has decisions to make and secrets to uncover and lies to unravel in the midst of the family chaos. The only thing she knows for sure is that when they're all together, it's just too many sisters. .

Telling Our Own Stories

Shetler 2021-10-11

Telling Your Own Stories

Alden Schnall 2021-07-17

Research shows us that we not only can pay attention to and stop the chatter of our stories, but we can also reduce our stress, rewire our brains, and reinvent our relationships by responding to them differently. The author will help you recognize the patterns that are keeping you stuck in the same old story, and instead, guide you to rewrite a new and

empowering version of yourself that you love. Tell a New Story includes: ✓Enlightening exercises to illuminate the stories that keep you stuck ✓Guided Meditation audios to declutter your mind and return you to your true power ✓Enchanting original songs enliven the emotional energy of Rowan's journey to healing By the end of the book, you will have clear action steps, guidance, and inspiration to discover your TRUE self and finally live the life that you desire and dream.

Holding Back The Tears

Annie Mitchell

2013-09-16 This is true story about real people is set in Edinburgh City and Dundee, where a petite Scottish Lassie called Rosie Gilmour, mother to Finlay Sinclair, receives news of the death of her son

- who tragically has taken his own life by hanging. Rosie pretends her son is still alive by talking to him, for that takes away the unbearable pain of her loss. But once she begins to face up to the fact that Finlay is not coming back, her conversations become more of a challenge than she can handle. When memories of her past are triggered by everyday life events, they take her mind back and forth in time - back to her own childhood days in 1960, when she flirted with the fairground boys, and to the day she gave birth to Finlay - 'ME LADDIE'. Rosie's Scottish accent becomes more apparent whenever her emotions are heightened and she begins to recite poetry. She goes on to reveal doubts about her own self-worth and how she re-unites her role

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as mother - a role she had denied herself for seven years prior to Finlay's death. Rosie learns how to forgive herself and how to accept her loss with using practical coping strategies that sometimes but not always work for her. Many voices of different natures and walks of life appear in Rosie's, story with each one offering a part of their own belief to try and console her in her misery - except that she turns her back on any advice or support offered. Rosie is convinced that she can cope with her loss on her own and "needs no help from anyone, thank you" - until a sweet, gentle, soft-spoken voice begins to travel with her throughout her ordeal, leaving her no other choice but to listen. Eventually moving to the

countryside in Angus, Rosie finds the isolation gives her life a new meaning offering her the opportunity to re-value her belief's about her own self values and decides the time has come to give her son a memorial service and invite a chosen few dance companions whom she met on a regular basis in Edinburgh to honour this day. Rosie begins to accept she will never be the same person she once had been and shall never be again, believing now her journey through grief taught her many lessons making her a stronger and better person than she imagined she could ever be.

Telling Our Own Stories

Jan Bender Shetler 2003

In this collection of ethnic group histories, written by authors from the Mara Region of Tanzania, local people tell their stories as a

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way to inspire development that builds on the strengths of the past. It combines histories from the small, but closely related, ethnic groups of Ikizu, Sizaki, Ikoma, Ngoreme, Nata, Ishenyi and Tatoga in South Mara, east of Lake Victoria and west of Serengeti National Park. Many of the authors compiled their stories by meeting with groups of elders. They were concerned to preserve history for the next generation who had not taken the time to learn the stories orally. The stories were written in Swahili and translated into English with annotations and an introduction so that readers not familiar with this region might also share in the experience. It also includes transcriptions of oral interviews with some of the same stories

to get a sense of the ongoing conversions about the past. This collection makes local history told in a local idiom accessible to students of African history interested in social memory and the creation of ethnicity. Leading with Y.E.S. Maria Van Hekken 2017-03-17 Declare Y.E.S. loud and clear to create new possibilities in your life and leadership.

Whoever Tells the Best Story Wins Annette

Simmons 2007-05-09

Stories have tremendous power. They can persuade, promote empathy, and provoke action. Better than any other communication tool, stories explain who you are, what you want...and why it matters. In presentations, department meetings, over lunch-any place you make a case for new

customers, more business, or your next big idea-you'll have greater impact if you have a compelling story to relate. *Whoever Tells the Best Story Wins* will teach you to narrate personal experiences as well as borrowed stories in a way that demonstrates authenticity, builds emotional connections, inspires perseverance, and stimulates the imagination. Fully updated and more practical than ever, the second edition reveals how to use storytelling to: Capture attention * Motivate listeners * Gain trust * Strengthen your argument * Sway decisions * Demonstrate authenticity and encourage transparency * Spark innovation * Manage uncertainty * And more Complete with examples, a proven storytelling process and techniques, innovative

applications, and a new appendix on teaching storytelling, *Whoever Tells the Best Story Wins* hands you the tools you need to get your message across-and connect successfully with any audience.

In Darkness, Death

Dorothy Hoobler

2008-04-11 When the Samurai Lord is murdered in his sleep while under the watch of the Shogun, Judge Ooka and his young apprentice, Seikei, must use the only clue left, a bloodstained origami butterfly, to track down the killer and bring him to justice. Reprint.

Business Storytelling

For Dummies Karen Dietz

2013-12-04 Ready to hone your storytelling skills and craft a compelling business narrative? Professionals of all types – marketing managers, sales reps, senior leaders, supervisors, creatives, account executives –

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have to write. Whether you're writing an internal email or a social media post, a video script or a blog post, being able to tell a good story can help ensure your content resonates with your intended audience. Storytelling is an art, but there's a method behind it that anyone can learn. Full of practical advice and real-world case studies, *Business Storytelling For Dummies* is a friendly, no-nonsense guide that will help you tell more engaging stories in your business presentations, internal communications, marketing collateral, and sales assets. Connecting with customers through storytelling can help you build trust with your audience, strengthen your brand, and increase sales. Look to *Business Storytelling*

For Dummies to Learn the elements of storytelling and how to use them effectively Become a better listener to become a better storyteller Make your stories come to life with relatable details Back up your story with data points Use the power of storytelling to effect change Choose the perfect format to tell your story Startups, small businesses, creative agencies, non-profits, and enterprises all have a story to tell. Get the book to explore examples, templates, and step-by-step instruction and create your own compelling narrative to tell your story to the world.

Ralph Tells a Story Abby Hanlon 2012 Although his teacher insists there are stories everywhere, Ralph cannot think of any to write.

Telling Your Story Jerry

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Apps 2016-06-15 From the winner of the 2014 Regional Emmy Award for A Farm Winter with Jerry Apps Jerry Apps, renowned author and veteran storyteller, believes that storytelling is the key to maintaining our humanity, fostering connection, and preserving our common history. In *Telling Your Story*, he offers tips for people who are interested in telling their own stories. Readers will learn how to choose stories from their memories, how to journal, and find tips for writing and oral storytelling as well as Jerry's seasoned tips on speaking to a live radio or TV audience. *Telling Your Story* reveals how Jerry weaves together his stories and teaches how to transform experiences into cherished tales. Along the way, readers will

learn about the value of storytelling and how this skill ties generations together, preserves local history, and much more.

Tell Your Story Before They Do Nate Howard

2021-04-08 For so long, people have been trying to tell your story. They've put you in a box. Made you feel less than, and challenged you to live life their way. You may feel frustration, anger, disgust. You're hungry for success. You're tired of giving your story away. In *Tell Your Story Before They Do*, Nate Howard will help you find the courage to accept yourself for who you are, despite what others may think of you. You will find the motivation to learn your true story, understand your true purpose and passion, bet on yourself and find financial success, and take a leap

of faith and start on the path to a new life. You want to live your true story? Then heed Howard's call to trust your intuition, listen to your inner voice, and realize what you're truly called to be. Through personal anecdotes, Howard builds a guide to help you make the themes he discovered in his own life come true in yours. You get what you think about most, so believe in the greatest version of yourself. Find your story. Tell your story. Be your story.

The Story Paradox

Jonathan Gottschall
2021-11-23 Storytelling, a tradition that built human civilization, may soon destroy it Humans are storytelling animals. Stories are what make our societies possible. Countless books celebrate their virtues. But Jonathan Gottschall, an expert on

the science of stories, argues that there is a dark side to storytelling we can no longer ignore. Storytelling, the very tradition that built human civilization, may be the thing that destroys it. In *The Story Paradox*, Gottschall explores how a broad consortium of psychologists, communications specialists, neuroscientists, and literary quants are using the scientific method to study how stories affect our brains. The results challenge the idea that storytelling is an obvious force for good in human life. Yes, storytelling can bind groups together, but it is also the main force dragging people apart. And it's the best method we've ever devised for manipulating each other by circumventing

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rational thought. Behind all civilization's greatest ills—environmental destruction, runaway demagogues, warfare—you will always find the same master factor: a mind-disordering story. Gottschall argues that societies succeed or fail depending on how they manage these tensions. And it has only become harder, as new technologies that amplify the effects of disinformation campaigns, conspiracy theories, and fake news make separating fact from fiction nearly impossible. With clarity and conviction, Gottschall reveals why our biggest asset has become our greatest threat, and what, if anything, can be done. It is a call to stop asking, "How we can change the world through stories?" and start asking, "How can we save

the world from stories?" Improving Your Storytelling Doug Lipman 1999 Discusses methods of storytelling, and encourages the storyteller to think on their feet, by using facial expressions, voice control, timing, hand movements, style, imagery, and other details that enhance a tale-telling session **How to Tell a Story** The Moth 2022-04-26 NEW YORK TIMES BESTSELLER • The definitive guide to telling an unforgettable story in any setting, drawing on twenty-five years of experience from the storytelling experts at The Moth "From toasts to eulogies, from job interviews to social events, this book will help you with ideas, structure, delivery and more."—CNN Over the past twenty-five years, the directors of The Moth have worked with people from all walks of

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life—including astronauts, hairdressers, rock stars, a retired pickpocket, high school students, and Nobel Prize winners—to develop true personal stories that have moved and delighted live audiences and listeners of The Moth’s Peabody Award-winning radio hour and podcast. A leader in the modern storytelling movement, The Moth inspires thousands of people around the globe to share their stories each year. Now, with *How to Tell a Story*, The Moth will help you learn how to uncover and craft your own unique stories, like Moth storytellers Mike Birbiglia, Rosanne Cash, Neil Gaiman, Elizabeth Gilbert, Padma Lakshmi, Darryl “DMC” McDaniels, Hasan Minhaj, Tig Notaro, Boots Riley, Betty Reid Soskin, John Turturro, and more. Whether your goal is to

make it to the Moth stage, deliver the perfect wedding toast, wow clients at a business dinner, give a moving eulogy, ace a job interview, be a hit at parties, change the world, or simply connect more deeply to those around you, stories are essential. Sharing secrets of The Moth’s time-honed process and using examples from beloved storytellers, a team of Moth directors will show you how to • mine your memories for your best stories • explore structures that will boost the impact of your story • deliver your stories with confidence • tailor your stories for any occasion Filled with empowering, easy-to-follow tips for crafting stories that forge lasting bonds with friends, family, and colleagues alike, this book will help you connect authentically

with the world around you and unleash the power of story in your life.

Fast 40 David Falkirk
2015-11-14 40 Photos. 40 Stories. 40 Moments. Photographs freeze moments in time that would have otherwise escaped into memory and beyond. Each photo tells a story of what was, at that moment, real. Collected here are 40 such moments. Whether jumping off points for bigger tales, or self-contained stories that complete the moment, Fast 40 offers a view into other worlds. Each story won't take long to complete, but might tempt you to examine the moments happening around you from a different perspective.

Creating Character

William Bernhardt
2020-04-02 All fiction is character-driven, according to William Bernhardt. How can you

use characters to create dynamic fiction that will captivate readers? This book explains the relationship between character and plot, and how the perfect melding of the two produces a mesmerizing story.

The Big Book of Stories and Poems Lavanya Senthil 2014-11-29
Collection of short stories and poems from the hopes, dreams and world view of a 8 yr old girl.

AuthorizeU Jennifer Manlowe 2014-02-20 ABOUT THE BOOK "AuthorizeU" is not only the name of this book, it is an invitation for you to step up and share your story with the world. Each simple exercise that you encounter will guide you to "go public" in ways that authorize you. As you begin sharing your voice with the world, (online or in print), you become an emboldened author who

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has the potential to empower her readers. When you share stories from your heart, you ignite the same generosity in others. As your courage expands, everybody wins.

Presenting to Win Jerry

Weissman 2008-11-17

Thirty million presentations will be given today. Millions will fail. Millions more will be received with yawns. A rare few will establish the most profound connection, in which presenter and audience understand each other perfectly...discover common ground... and, together, decide to act. In this fully updated edition, Jerry Weissman, the world's #1 presentation consultant, shows how to connect with even the toughest, most high-level audiences...and move them to action! He teaches presenters of all kinds how to dump

those PowerPoint templates once and for all and tell compelling stories that focus on what's in it for the audience. Weissman's techniques have proven themselves with billions of dollars on the line. Thousands of his elite clients have already mastered them. Now it's your turn!

- What you must do to tell your story
- Focus before Flow: identifying your real goals and message
- The power of the WIIFY: What's In It For You
- Staying focused on what your audience really wants
- Capture your audience in 90 seconds... and never let go!
- Opening Gambits and compelling linkages
- Master the art of online Web conferencing
- Connecting with your invisible audience
- From brainstorming through delivery
- Crafting the Power Presentation, one step

at a time Named by FORTUNE Magazine as a "Must-Read" "Jerry Weissman makes the challenge of producing and delivering effective presentations delightfully simple. Read it and benefit!" Tim Koogle, Founding CEO, Yahoo! "A great read for all of us who have ever struggled with any aspect of our public speaking skills. Presenting to Win contains the same timeless techniques that helped me [18] years ago." Jeff Raikes, former President, Microsoft Business Division, Microsoft Corporation, and CEO, Bill and Melinda Gates Foundation "Jerry is The Man when it comes to making great pitches. If your pitch doesn't get a whole lot better after reading this book, something is wrong with you." Guy Kawasaki, Managing Director and

Chairman, Garage Technology Ventures, and bestselling author of The Art of the Start "Presenting to Win is the shortest path to applause for any presenter. It will be your bible for the PowerPoint Age. It's loaded with easy actions and real examples that really work. I've used them. I know." Scott Cook, Founder, Intuit *My Overdue Book* Peter Bright 2015-04-30 *My Overdue Book: Too many stories not to tell: spells out the varied episodes in the life of a man who spent decades working in Hollywood. He began as a little boy in Cincinnati impressed early on by the broadcasting magic of radio and then TV in the middle of twentieth century America. His drive to get into broadcasting culminates in an early success that gets interrupted by an*

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unexpected sidebar in The US Army and a subsequent tour as an Infantryman in Vietnam in the late 1960's. His yearlong excursion in "Fun City East," with its repeated life and death experiences, had lifelong effects on this soldier-of-media. Following his wanderings through the jungles of Vietnam, Bright's interactions with many of America's top public figures throughout his decades in radio and television come to life with intriguing stories that are personal, professional, positive and negative. It's life without a filter! Readers across generations will share and co-experience numerous real life feelings and emotions with writer Bright as his winding trail of life opens in front of them. book endorsement for peter bright; i

always thought that peter bright and i had many things in common; we both grew up in ohio, we both had careers in the live event and variety side of television, and the few times we had times to talk i thought we shared a mutual philosophy toward the ups and downs of life. but it wasn't until i read his "overdue" book that i realized just what a rich and storied life peter has had and how much more deeply he had experienced the highs and lows, particularly during his years in the military, than i ever could have imagined. it really amazes me just how little we know about people we think we know, and just how much more we appreciate who they are when we are fortunate enough to have that background filled in by someone as articulate and able to

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express both facts and feelings as Peter has in this book. When I started to read it, I thought all of those common events that we shared would be an interesting parallel track to my life and as such I would have a great frame of reference, but as I read on, I realized just what an amazing story Peter has to tell and just how well he tells it. Ken Ehrlich, executive producer, the Grammy awards

Little Stories of Your Life Laura Pashby

2021-10-14 Embrace the power of storytelling with Little Stories of Your Life. Start telling your own story, find your creative self and be more mindful.

Combining the wellbeing benefits of mindfulness, creativity and daily photography, this book shows you how to use words and photographs to

capture precious little moments and how to share these in order to connect with others. Each chapter explores the different ways you can tell your own stories, considers why you might choose to tell them and helps you to create a patchwork of tiny tales about your life, however small they might be. Throughout the book, Laura shares her own personal stories and research that shows you how to tune out of the bigger picture and focus on the everyday. There are exercises to gently guide you through how to journal and harness your inner creativity, as well as tips on improving your photography, photo challenges and writing prompts to get you started. It's easy to feel that our own lives are not enough, but real lives are not defined by bright, exciting events:

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we don't need a grand narrative arc. It's the stretches of time in between that matter, the tiny moments and the daily choices that make us who we are.

Writing War Ron Capps
2011-10-27 Writing War is the curriculum for seminars and workshops provided by the Veterans Writing Project. Written by a veteran for veterans, active and reserve service members, and military family members, Writing War details the elements of craft involved in fiction and non-fiction writing. Beginning with the basic questions "Why do we write?" and "What's different about writing the military experience?", the book includes chapters on scene, setting, dialogue, narrative structure, character motivation and development, beginnings and endings, point of

view, revision, writing about trauma, and making time in a busy life for writing. Writing War includes detailed examples demonstrating each element of craft. All examples used in the book were written by writers who are also veterans. It is written to be accessible to beginning and more experienced writers.

Telling Your Own Stories

Donald Davis 1993
Telling Your Own Stories is designed for families, teachers, counselors anyone who wants to inspire storytelling either in themselves or in others. Through a series of memory prompts, the user is led through the creation of plots, of place, and of characters.

How to Write a Book in 24 Hours

James Green
2015-03-09 Best-selling author James Green shares his own ground-

breaking 6-step formula for producing top quality, highly successful non-fiction books in just 24 hours. 24 Hour Bestseller: How to Write a Book in 24 Hours will provide you with a 6-step writing blueprint that you can set on full 'rinse and repeat mode' providing you with a step-by-step recipe for writing success. After becoming disillusioned with his own writing struggles, the author decided to completely re-engineer the entire process, providing a plan for: generating and validating new book ideas; creating comprehensive book outlines; writing in a quick, easy and enjoyable way; publishing the completed books effortlessly. Inside 24 Hour Bestseller, you will learn: How to stir your creative juices to

constantly think up new book ideas; How to validate and evaluate your ideas for maximum profit; How to create a solid book outline that will make the writing process a breeze; How to turn your writing into a fun game; How to stay motivated; When to outsource (and when not to); How to craft your book title and description for maximum impact; How to publish your book to KDP easily; Book pricing strategies; And much more... If you've become overwhelmed and disillusioned with the whole writing process, this book will be your guide and your tonic, re-energizing your authoring efforts. You'll be more productive than ever, and most importantly, you will find writing enjoyable once again! Whether you're a complete novice and have

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never even written a book before, are struggling to come up with new book ideas, or are a seasoned author who simply needs some tips on how to write more effectively, then this book is for you. 24 Hour Bestseller will guide you step-by-step through the entire formula and get you authoring for success once more!"

Long Story Short Margot Leitman 2015-10-13 A comedian and Moth veteran lays out useful tips and tricks for maximizing the impact of your stories—so you can nail it every time Do you ever wish you could tell a story that leaves others spellbound? Comedian, Upright Citizens Brigade storytelling program founder, and Moth champion Margot Leitman will show you how in this practical guide to storytelling. Using a

fun, irreverent, and infographic approach, Long Story Short breaks a story into concrete components. From content and structure to emotional impact and delivery, Leitman guides you through the entire storytelling process, providing personal anecdotes, relatable examples, and practical exercises along the way. Using a fun, irreverent, and infographic approach, Long Story Short breaks a story into concrete components. From content and structure to emotional impact and delivery, Leitman guides you through the entire storytelling process, providing personal anecdotes, relatable examples, and practical exercises along the way. Your New Story, Your New Life Bo Sebastian 2016-09-06 Rewrite a new story for your life. Learn how to think in a

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new way. Bo Sebastian, a Consulting Hypnotist, helps you retrain the neural pathways of your brain. Turn your dreams into reality by shifting your thoughts. Learn to manifest what you have been hoping for your entire life! This book teaches you simple steps to create a more balanced you.

The Healing Power of Storytelling

Annie Brewster, MD 2022-02-01
Reframe your story--and reclaim your life--through the transformative practice of writing and storytelling. When Harvard-trained physician Dr. Annie Brewster was diagnosed with multiple sclerosis in 2001, she realized firsthand that the medical system to which she'd devoted her entire career was failing patients. The experience was dehumanizing. Her doctors weren't

listening. And the confusion, fear, and shame she felt around her diagnosis was preventing her from truly healing, claiming her story, and living her fullest, richest life. The fact is, doctors can give you a life-changing diagnosis, but they're not equipped to help you deal with the inner fallout: the confusion, anxiety, trauma, and dread that comes after "I have some bad news." Here, Dr. Brewster shows how writing your own unique healing story can help you process what comes next--to come to terms, create new ways to thrive, and even reclaim your personal power amid fear, change, and uncertainty. Dr. Brewster and journalist Rachel Zimmerman each share their own personal stories, acting as expert guides as you move forward on your

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healing journey. With exercises, reflections, writing prompts, and stories from other real patients, Dr. Brewster and Zimmerman show how you can:

- Process the difficult emotions that come with life-changing diagnosis
- Move beyond being the hero of your own story to become the author of your own story
- Craft your narrative and share it in whatever medium speaks to you: music, audio, art, or writing
- Integrate a traumatic health event into a new and evolving identity
- Use applied storytelling techniques to strengthen connections between you and your loved ones (and even your care providers)
- Cultivate resilience to move forward amid uncertainty and fear

God's Own Nma

(Beautiful) Jacob

2015-12-20 In the

beginning God created

woman in His own like image, blessed her to go out to be fruitful and multiply, to replenish the earth, subdue it, and have dominion over everything on it, Genesis 1: 27-28. God's Own: The Genesis of Mathematical Story-Telling is about the creativity of God (The Absolute Infinite) as He is reflected in women. It is about the power of The Absolute Infinite to perform signs and wonders reflected in mathematical symbols, patterns, numbers, and graphs. It is a book on His word according to John 1:1, in the beginning was the word, the word was with God, and the word was God. God's Own: The Genesis of Mathematical Story-Telling is a mathematical, cultural, and spiritual story of Dr. Nkechi (God's own) Madonna Adeleine Agwu, aka Nma (Beautiful)

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Jacob. Dr. Agwu is an African female leader in mathematics and statistics education. Her life trajectory includes experiences of displacement, homelessness, living in refugee camps, single-parenting of a child with hearing and speech needs, and many other issues that from all indications could have set her up for failure, but for God's divine intervention. *God's Own: The Genesis of Mathematical Story-Telling* is about Dr. Agwu's journey as an ethno-mathematician to her present scholarship in African culture and women's stories in science, technology, engineering, and mathematics (STEM) related fields. It is about how she found her identity as a mathematical story-teller of members of the Organization of Nigerian

Women in Agricultural Research and Development (NiWARD). It is a story about the beauty, strength, courage, and nurturing spirit of women. In this era of globalization, African people face the urgent need to foster world-wide education about their mathematics, science, technology, history and culture (Gerdes, 1998). All groups of people have made significant contributions to the development of mathematics. However, the contributions of Africans other than those related to the early beginnings of algebra and geometry in ancient Egypt, are still highly unacknowledged in the history of mathematics (Lumpkin, 1997). This is partly due to our oral traditions, slavery, colonialism, neo-colonialism,

globalization, and the fact that our indigenous mathematics, scientific and technological knowledge as a people is often shrouded in our spirituality. This notwithstanding, efforts must be made to document the mathematical contributions of Africans to enrich the curriculum in a multicultural and interdisciplinary way by providing a wide repertoire of examples of mathematical concepts illustrated from the African context. God's Own: The Genesis of Mathematical Story-Telling does this. In particular, it highlights the indigenous mathematical knowledge and cultural beauty of the Ndebele people of Southern Africa. God's Own: The Genesis of Mathematical Story-Telling is a story about creativity, innovation, and

adaptation. It is a story about necessity as the mother of innovation. It is about the philosophy of "do what you can, from where you are, with what you have." It is a story about Nma (Beautiful) Jacob, the survivor, overcomer, successor and faithful servant of God. It is a story that The Absolute Infinite is ever present in our lives shaping our mathematical genomes. Emmanuel - God is with us! His Angels are around us, protecting and guiding us!

Tell Your Life Story

Jeffrey Mason 2021-11

If You Want to Write

Brenda Ueland 2019-05-10

Brenda Ueland was a journalist, editor, freelance writer, and teacher of writing. In If You Want to Write: A Book about Art, Independence and Spirit she shares her philosophies on writing

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and life in general. Ueland firmly believed that anyone can write, that everyone is talented, original, and has something important to say. In this book she explains how find that spark that will make you a great writer. Carl Sandburg called this book the best book ever written about how to write. Join the millions of others who've found inspiration and unlocked their own talent.

**Share Your Smile:
Raina's Guide to Telling
Your Own Story** Raina

Telgemeier 2019-04-30
Get ready to journal and make comics with Raina Telgemeier, the #1 New York Times bestselling creator of Smile, Sisters, Drama, and Ghosts!

Karl's Story Trudy Cutrone 2016-01-13 With an uncanny relevance to today's world and inspired by the life of its author, Karl's

Story, is a WW II child refugee's tale of resilience, hope and courage as told through the narrative of her beloved teddy bear, Karl .A story perfect for all ages: read to children by parents, grandparents and teachers alike. It has been read many times to middle elementary grades. A book to be handed down from parent to child to child for generations to come. Karl, "a very old teddy bear," has a magic gift- he can tell stories to children who are still young enough to understand toy talk . Karl's Story begins in Europe. It's about Karl, the young girl Karin, and Mimi the mind reading cat, ... how the three friends experience and survive WW II and then escape from communism to a new and hope-filled life with his beloved friend Karin .Their journey, their

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story, enchants children but in the sense of The Little Prince speaks timelessly to adults as well . Karl's Story tells of European refugees and is as relevant today as then. The chaos of the time turned the world of the three friends upside down, slowly at first, from no more whipped cream at birthday parties to ever more frequent air raids, crashing bombs, and a harrowing train ride, with Karl and Mimi stuffed in Karin's old wicker trunk. In the journey Karin loses all she ever knew or loved, but goes on to rebuild her world in America. The book is categorized as Children's Fiction because of its charming cover and talking stuffed animals but is inspirational to young and old alike, and a perfect antidote in these still troubled

times; this is indeed a book for all.

The 5 Levels of

Formality Danny Rich

2016-05-04 Have you ever experienced the following? A new, fired-up distributor joins your business, excited about the opportunity to change their life circumstances for the better. They "get" the business, they know what they have to do to make a success of it and they can't wait to get started. Equally, you're excited about your new recruit. You feel that you've finally found "the one" person that is going to take the business seriously, someone you can work with, someone who is going to stick around no matter what. Within a few short days/weeks, they're no longer taking your phone calls or replying to your messages. You're eager to catch up with them

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because the customers they promised to sign up never showed on your system, and the new recruits failed to materialise. What happened? Where did it go wrong? In the eager and enthusiastic rush to get into action with their Network Marketing business, new distributors often fall at the first hurdle and suffer rejection, ridicule and resistance because not enough forethought is put into what they are going to say to prospects before they say it. In Network Marketing, we do a fantastic job of equipping distributors with skills and systems that will help them to jump the 'hurdles' that they'll encounter throughout their Network Marketing career; from writing their list to overcoming objections, closing techniques, presentation skills,

coaching, leadership principles... Indeed, we seem to have a proven system for all of these areas of the business - and they work fantastically well, in the main! Strangely, for some reason, we don't seem to have any such system for helping distributors make initial sense of their contact list. By reading this book, you will learn: How, when it comes to prospecting scripts, one size does not fit all How to prospect everyone on your contact list using an approach that is based upon your existing relationship with them How to overcome the mental brick wall that many distributors hit when deciding who to contact first How to go back to people who you've already "blown out"! How to reframe your thinking about your contact list before

blowing them out! How to approach your closest family and friends and avoid coming across as "salesy" or weird, given that "you only get one chance to make a first impression" How to overcome the fear of making the initial contact with people on your list How to clear the fog of who to approach first - and why How to identify and maximise prospecting opportunities that arise within your everyday life How to develop relationships with people, over time, that will make it feel completely natural to share your business opportunity with them How to get prospects to ask you about your business How to successfully approach those intimidating people on your chicken list How to get your new team members into action and off to a resistance-

free start How to reduce the chances of new team members quitting by teaching them skills that will get them off to the best possible start How to embrace rejection by building an effective "No For Now" list. How to duplicate these philosophies and skills through your team How to minimise resistance, suspicion and ridicule from the people who know you best How to combat the fear of approaching people with the help of helium balloons! Written as a story, based on real-life events, we follow the transformation of Sam Hirst on his rollercoaster journey - from the highs of being an excited new distributor, to the lows of personal rejection, disillusionment and frustration - and finally through to becoming an accomplished and successful Network

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Marketer.

Grandpa Smiles Natalie
Buske Thomas 2014-05-02
Original oil paintings
tell the story of how
Grandpa watches over a
little boy over the
course of his life, even
though Grandpa can be
with him only in spirit.
This art story book is a

peaceful and healing
read for adults and
children alike. Gentle
emotions, passionate
colors, and simple words
communicate an
inspirational message
that love lives on, and
family is forever.
Disguised Blessings
Chara Davis 2016-11-15